

Atlantic Pork and Provision, Inc.  
 Product Specification Sheet  
 Est. 4336

<b>Product Name:</b>	<b>Premium Deli Ham with Water Added</b>
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<b>Nutrition Information</b>			
Serving Size		2 oz. (56g)	
Servings per container		Varied	
<b>Amount Per Serving</b>			
Calories		60	
Calories from Fat		10	
		<b>Amount</b>	<b>% Daily Value</b>
Total Fat		1 g	2%
Saturated Fat		0 g	0%
Trans Fat		0 g	
Cholesterol		20 mg	7%
Sodium		540 mg	22%
Total Carbohydrate		2 g	1%
Dietary Fiber		0 g	
Sugars		2 g	
Protein		9 g	
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	2%
* Percent Daily Values are based on a 2,000 calorie diet,			